

Grandview Heights Parks and Recreation 2022 Winter Programs

Registration begins Wednesday, December 29 @ 8:30 am for Residents. Nonresidents may begin registering Monday, January 3. For more information on these programs; email parksandrecreation@grandviewheights.org or 614-488-3111 OR online www.grandviewheights.org/onlinereg

COVID-19 Precautions: We are following all CDC state/local guidelines and will adapt as needed.



Turbo Tumblers

Tumble over to Parks and Rec to learn movements and skills that increase flexibility, coordination, strength and balance through instruction and game play. Whether its rolling down our cheese mat our balancing your way across obstacles you are sure to have a spectacular time. Grandview Center Ages 3-6

Saturdays, January 8-February 12 Session 1: 10:15-11:00 Session 2: 11:00-11:45 \$55 Residents/\$70 Non-Residents



Tumblin' for Two

Parent/Child combination. Learn movements and skills that increase flexibility, coordination, strength and balance through instruction and game play. Whether its rolling down our cheese mat our balancing your way across obstacles you are sure to have a spectacular time.

Grandview Center Ages 1-3 Saturdays, January 8-February 12 9:30-10:00 am

\$45 Residents/\$60 Non Residents



FIT Kidz

Fun Interactive Training for kids! Join us weekly as we challenge ourselves through exercises, races and games! This class will be full of fun! We will meet at Wyman Woods. Dress for the weather we will be outside for the majority of the time!

Thursdays, January 13-February 24

3:05-4:30 pm K-6th \$45 Residents

Youth Party Planning

Head on over to McKinley Shelter
House for opportunities to be crafty
organized and creative. We have various events planned that this group will
get to help plan from start to finish. We
will provide light snacks each week.
Wednesdays, January 5-February 23
\$25 for the session includes snacks
and party planning strategies.
3:05-5:00 pm Grades 4th-8th



Superheroes + SuperParents

POW! BOOM! KABOOM! Bring your capes and powers to this Super Party! Live super heroes including Spiderman and Wonderwoman will show up and challenge us to an obstacle course.

We will have light snacks.

Saturday, February 19 12:30-2:30 pm

Wyman Woods Shelter House

Wyman Woods Shelter House Ages 2-8 + adult \$36 Residents/\$54 NonRes. Additional Children: \$18



Popcorn Day

It's National Popcorn Day! Join us for a free party at Pierce Field from 3:00-5:00 pm for games and goodies. Wednesday, January 19. Grab and go or hang out and play!

Little Kid's Dance Camp

Thursdays, 3:30-4:30 pm Session 1: January 6-January 27 Session 2: February 3– February 24 \$45 per session Ages 3-7 Grandview Center



Summer Camp

Information on 2022 Summer camps will be out middle of January with registration beginning February 1

Youth Basketball

Sign up through Bally Sports Join Bally Sports Group for the Grandview Heights Winter Basketball Program. There will be a strong emphasis on the fundamentals of basketball including dribbling, passing, shooting, defense and positioning. Bally Sports' instructors will lead the instruction and officiate the games. Parent Coaches are welcome to assist Bally Sports' instructors during practice and handle substitutions during gameplay. Meetings will be on Sundays and include both instruction and gameplay. Participants will be split by age group, with younger players during one time slot and older players at another time.





Lil Ballers

Bally Sports Group provides children with a fun and educational first basketball experience! Players are taught the fundamentals of dribbling, shooting, passing, rebounding, defense, and the concept of game play. The curriculum incorporates teaching styles that help this age group build an understanding of the skills that are taught by utilizing fun terminology and engaging activities. A positive and encouraging atmosphere is created in which kids learn proper sportsmanship. Each week players participate in developmentally appropriate instruction and modified, recreational game play.



Art with Mrs. B

Saturdays, February 5 & February 12 12:30-2:00 pm Grades-1st-6th Grandview Center \$75 Residents/ \$85 Non-Residents

Performing Arts

Grandview Heights and Carriage Place Auditions for Arsenic and Old Lace take place January 4 at McKinley Shelter House from 6:00-9:00 pm and January 5 at Carriage Place from 6:00-9:00 pm

Center Membership

\$15 Residents per year \$25 Non Residents per year Activity Pass Includes all exercise and fitness classes at the Grandview Center \$30 for 6 months.

Adult Exercise and Fitness Classes Check out our website for a full list of adult exercise classes offered at the

Grandview Center



EnVISIONing your Life

Katy Oberle, MS, IMFT
What does your deeper, wiser self
want? In this course, create a vision
board for the coming year and/or beyond. Meditate on what matters and
how you can manifest it. Katy Oberle,
licensed marriage and family therapist
and singer/songwriter, engages you in
mindfully creative activities throughout
the workshop to aid in your vision-

boarding process. Saturday, February 19 9:30-12:00 Grandview Center \$45 R \$55 NR



Winter Warrior Walk

Stay active this winter and enjoy some fresh air with friends. We will meet at the Grandview Center and ride the bus or drive your self to various parks and walk 1-3 miles.

Location and times may vary. Monday, January 10, 9:30 am. Center Membership Required.

Coffee and Cookies

Enjoy coffee and cookies at the Grandview Center on Tuesdays & Fridays

